



THE S'KLALLAM VIEW



May
2012

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The Port Gamble S'Klallam Tribe

Helping bring you the monthly news from your S'Klallam community.

A Family of Workers

Meet Chi-e-chee (The Workers) & SWAG (S'Klallams Working and Giving)



Chi-e-chee:

It was in June of 1992 when Group B community training in the prevention of substance abuse was offered. There were a total of four groups that were trained in substance abuse prevention. It was these four groups that laid the foundation for on going work in prevention efforts for the S,Klallam Community. These four groups became known as Chi-e-chee, which means the workers. Earlier prevention efforts were targeted towards supporting those returning home from treatment and on going prevention and or reduction of youth drinking and drug usage. Early

Chi-e-chee was-made up of mostly community and tribal members. Today Chi-e-chee consists of mainly staff, and only a few tribal and or community members are consistently involved in Chi-e-chee.

Chi-e-chee meets the second Wednesday of each month at noon in the Kitchen with lunch served. Chi-e-chee meetings are open to all of the community. The involvement and opinions of Tribal Members are important to its success. In addition, there are Heorin and Town Hall Meeting subcommittees that meet weekly on Thursdays at 10:00 am and

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A Family of Workers

Chi-e-chee (The Workers) & SWAG (S'Klallams Working and Giving)

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11:00 am in the youth center. It is time to return to our grass roots efforts and become community driven, for if Chi-e-chee is not community driven then it isn't S'Klallam. Barbara Jones at 633-0113

SWAG:

SWAG is a youth leadership coalition developed based on community youth working towards improving the quality of life on the reservation. SWAG meets monthly, usually the third Wednesday of each month at 3 pm. All youth in 6th grade and older are encouraged to participate in SWAG. Youth who are involved in SWAG will have more opportunities to go to trainings and conferences throughout the year. In a SWAG meeting youth set the goal of wanting more recreation areas for youth on the reservation. Because of this goal, SWAG was nominated for the "Be the Change" initiative through the Schekler Foundation to develop a skate park for bikes, inline skating, and skateboarding. Through online voting and community support, SWAG was nominated as the first ever "Be the Change." Joe Price 633-0115

Prevention Update:

I (Barbara Jones) am the new Prevention

Coordinator for the S,Klallam Tribe. Most of my work with the Tribe has been in addiction and treatment up at the Wellness Center. Working in Prevention has renewed my spirit and It is refreshing to be solution focused. In the twenty years that I have lived and worked with the S'Klallam people I have seen great progress and growth of this Tribe. But I have also been witness to the increasing strangle hold that addiction is having on the S'Klallam people. I invite S'Klallam Community to take an active stand in the well being of your community, become a part of the solution, become Chi-e-chee, the workers.

Erica Hankin and Dennis Jones are the current co-chairs for the Chi-e-chee coalition.

Upcoming Events:

- **May 17th** "Take Back the Rez: SWAG and Youth Leadership" Town Hall Meeting
- **June 14th** "Take Back the Rez: Bridging the Gaps from Addiction to Healing" Town Hall Meeting

**Port Gamble
S'Klallam Tribe**
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Tribal Council

Jeromy Sullivan,
Chairman
Chris Tom,
Vice Chairman
Dawn Purser
Councilman
Eugene Purser,
Councilman
Jamie Aikman,
Councilman

Entity Directors

Marjorie Zarate
CEO
Betty Decoteau
CFO
Dallas DeGuire,
*Executive Director
of Administration*
Laurie Mattson,
*Executive Director
of Tribal Services*
Noel Higa
*Director
Port Gamble
Development Authority*
Chris Placentia
Housing Director
Leo Culloo,
*General Manager,
The Point Casino*
Linda Helm,
*Director,
Tribal Gaming Agency*
Denise Comstock,
*PGS Foundation
Executive Director*



Vision Statement

Our vision is to achieve the full potential of the Port Gamble S'Klallam Tribal sovereign nation to be self-sufficient, proud, strong, healthy, educated and respected.

Mission Statement

The mission of the Port Gamble S'Klallam Tribe is to exercise sovereignty and ensure self-determination and self-sufficiency through visionary leadership. We will ensure the health, welfare and economic success of a vibrant community through education, economic development, preservation and protection of the rich culture, traditions, language, homelands and natural resources of our Tribe.



Healthy Eating, Healthy Families

By: Kahti DeWilde, RD, CD

☞ Healthy eating begins in the grocery store.

Buy healthy foods to keep in your home for your family. If healthy foods are in your cupboard and refrigerator, your family will eat them!

☞ Buy fresh fruits for snacking.

Choose the traditional oranges, bananas, grapes and apples. Also choose a variety of other fruits when they are in season for the price. Try kiwi, pineapple, mangos, strawberries and other fruits for snacks.

☞ Serve vegetables at meals.

Try a variety of vegetables such as steamed broccoli, raw carrots, stir fried pea pods or baked sweet potatoes.

☞ Switch to 1% or skim milk for everyone in your family over the age of 2 years.

Your family doesn't need the extra calories in whole milk and 2% milk unless they are trying to gain weight.

☞ Drink water instead of sugary drinks such as soda pop.

Don't put soda pop in your grocery cart. If you don't buy it, your family won't be tempted to drink it.

☞ Vegetables for lunch and dinner

Top chopped lettuce with chopped tomatoes, cauliflower, peppers or shredded carrots. Serve with low fat salad dressing.

Cook fresh or frozen broccoli or cauliflower. Sprinkle with parmesan cheese, shredded cheddar cheese or lemon juice.

Serve chopped tomatoes with low fat cottage cheese.

Make a Sunshine Salad. Combine shredded carrots with raisins and crush pineapple. Stir in low fat plain yogurt.

☞ Eat together as a family.

Mealtimes are family times. Remember – healthy eating means healthy families!

GRADUATION HONORING:

The Honoring is set
for June 08, 2012
from 4:30-7:00 pm
in the Tribal Gym.

Graduates from College,
High School or with a
G.E.D. Deadline for
Questionnaires is May
12, 2012 by 3:00

pm. For further
questions, please
contact Shallee Baker at
the Career and
Education Department
(360) 297-6279 or
shalleeb@pgst.nsn.us.

Questionnaires are
on pages 7 & 8

Around the Reservation . . .

ROCKY WELLMAN (September 15, 1959 – April 13

ᑭᑭᑭ with great sorrow that the Port Gamble S'Klallam Tribe announces the sudden passing of Tribal Member Rocklyn "Rocky" Wellman on April 13, 2012.

Rocky was born the oldest son of Terry and Loral Wellman on September 15, 1959. He grew up in Port Gamble, moved to the reservation at Little Boston as a teenager, and graduated from North Kitsap High School.

Rocky was an excellent baseball player throughout Little League and Babe Ruth. He went on to become known as one of the all time best players of Indian baseball in the Northwest.

Most any day, Rocky could be found on the beach at Point Julia, where he loved spending time. He was a loving son, father, grandfather, brother and uncle and he will be greatly missed by his family, his many friends and the entire Tribal community.



COUNCIL ELECTIONS ARE JULY 9, 2012

Positions up for Elections are:

- Vice-Chairman, Currently held by Chris Tom
- Council I, Currently held by Dawn Purser
- Council IV, Currently held by Jamie Aikman
- Council II - 1 Year term, Vacant - was held by Francine Swift.

Letters of Intent to Run For Tribal Council must be submitted and received at the Tribal Center no later than June 8, 2012 at 4:30 pm.

CONGRATULATIONS, LEXY!



Since the beginning of this school year, Kingston Middle School 8th grader Lexy Jones has been playing Basketball on three separate teams – KMS; Poulsbo Parks and Recreation Fall Team and Winter Team - all of which have been undefeated this season. Lexy's outstanding skills as a defensive player and shooting guard helped her 3-on-3 team take the championship in a 7th and 8th grade girl's tournament.

Lexy is currently playing Senior Softball Little League, where her athletic abilities allow her to play any position.

Lexy's parents are very proud her, as is her community.

Around the Reservation . . .

GIRLS BASKETBALL!

The Kingston Middle School varsity girls basketball team finished the season with a perfect 10-0 record. We are West Sound Athletic League champions. The team featured Josie Eliason, Shilene George, Breena Belgarde, Savanna Tyler, Aileen Kaye, Lexy Jones, Marissa Bullard, Lily Eckert, Nichole Day, Sarah Hamal and Rosie Brown. The team set a new record for consecutive victories with 43 wins in a streak that dates back to 2008. We broke the previous school record of 42 straight wins set by Kingston Junior High from 2003-2007. Most Valuable Player Rosie Brown set school records for rebounds (131 per season)

and 3-point percentage (71.4%). The Cavalier Award winner was Aileen Kaye and Most Improved Player was Savanna Tyler. The Junior Varsity girls finished with a winning season posting a league mark of 5 wins and 4 losses. Coach Goar and Coach Wicklein are proud of how these girls represented our school. Way to go Cavs!



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KINGSTON MIDDLE SCHOOL SPORTS SHINE!

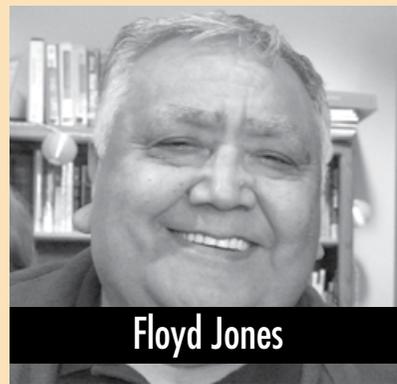
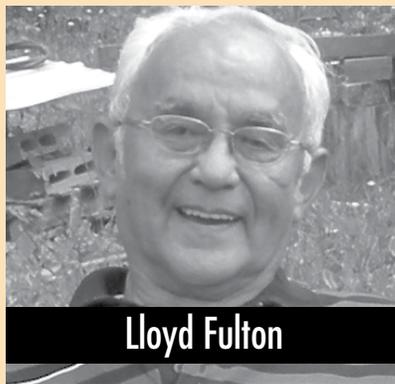
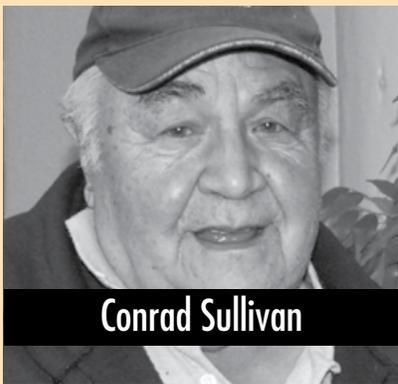
Kingston Middle School Sports have done well this year. The football team won the league championship going undefeated 6-0 winning the league championship.

This was followed by one of the best seasons of boys' basketball in several years, with the team finishing with a winning record. The Winter 2 sports were dominated by both the girls' basketball team, undefeated 10-0 four years in a row, and wrestling team, three years in a row, winning league championships.

Track starts the day after Spring Break where over 100 athletes will participate. Thanks to our great students and coaches for all their hard work.

Around the Reservation . . .

Happy Birthday



- Gertrude Adams 5/4
- Lloyd Fulton 5/8
- Dan Jones 5/19
- Conrad Sullivan 5/13
- Floyd Jones 5/8

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NEW ARRIVALS!

Congratulations to:
Misty and Ben Stewart on the birth of
their new Baby Boy!

Xander Gregory Stewart

Born on: Tuesday March 28, 2012 at
11:46 a.m.

7 lb 5 ounces 20 inches

Congratulations to:
Brandi Woodruff on the birth of her
new Baby Boy!

Honor Sonny Woodruff

Born on: Thursday, April 12
9lb 11 ounces 21 inches

HIGH SCHOOL QUESTIONNAIRE



Dear Port Gamble S'Klallam Graduate,

Congratulations on Graduating from High School. We want to share your accomplishments in a special graduate edition of Port Gamble S'Klallam Tribe monthly newspaper. Please fill out the questionnaire below and limit your answers to no more than 2 sentences. We also need a digital photo of you. We

need this form and your photo no later than May 12, 2012. If you have any questions you can call or email:

Shallee Graff- (360) 297-6243 or [HYPERLINK "mailto:shalleeb@pgst.nsn.us" shalleeb@pgst.nsn.us](mailto:shalleeb@pgst.nsn.us)

Name: _____

Phone Number (for office use only): _____

Address (for office use only): _____

Family: _____

School: _____

Coat Size: _____

Who has helped you to graduate and how?

Do you have any special accomplishments that you want recognized?

What do you like to do in your spare time?

What goals do you have for yourself now that you have graduated?

What advice would you share to encourage other teens to finish school?

COLLEGE QUESTIONNAIRE



Dear Port Gamble S'Klallam Graduate,

Congratulations on Graduating from College. We want to share your accomplishments in a special graduate edition of Port Gamble S'Klallam Tribe monthly newspaper. Please fill out the questionnaire below and limit your answers to no more than 2 sentences. We also need a digital photo of you. We

need this form and your photo no later than May 12, 2012. If you have any questions you can call or email:

Shallee Graff- (360) 297-6243 or [HYPERLINK "mailto:shalleeb@pgst.nsn.us" shalleeb@pgst.nsn.us](mailto:shalleeb@pgst.nsn.us)

Name: _____

Phone Number (for office use only): _____

Address (for office use only): _____

Family: _____

School: _____ Degree: _____

Who has helped you to graduate and how?

Do you have any special accomplishments that you want recognized?

What challenges did you overcome to attend college?

How was going to college different than high school?

What goals do you have for yourself now that you have a degree?

What advice would you share to encourage other to attend college?
